# GERMAN CANCER BREAKTHROUGH

Your Guide to Top German Alternative Clinics

Germany's cancer doctors lead the world — and Americans "in the know" go there to get well!

By Andrew Scholberg

#### **Chapter Four**

#### BioMed Klinik in Bad Bergzabern

Part I: The 2007 visit

he BioMed Klinik is located amidst vineyards in Germany's charming and picturesque wine region. It's about five miles from the French border and not far from Strasbourg, one of the most romantic cities in Europe.

You'll find the BioMed Klinik in the small town of Bad Bergzabern, famed for its historic cityscape. Bad Bergzabern also has a spa with naturally mineralized waters. Nearby is the ultimate spa town, Baden-Baden. It also has a local winery that produces excellent wines, both white and red, for local consumption only.

Patients come to BioMed from all over the world. Most of the foreign cancer patients have been told their cancer was "hopeless" and "terminal." Doctors back home have told them, "Nothing more can be done." But BioMed doctors tell them, "We'll try." And BioMed's impressive results prove that those conventional doctors are often wrong.

BioMed is a large in-patient clinic. Its two buildings hold an impressive 135 beds. At this writing not many Americans come to the clinic, perhaps because not many people in America are aware of it. But it has an imprecable reputation for professionalism and an impressive record of success.

For example, the American whistle-blower and health advocate Dr. Ralph Moss highly recommends this clinic. A few Americans have come to BioMed for treatment as a result of his endorsement.

# Five-year-old boy with brain cancer *enjoys* his treatments!

When we visited, there was only one English-speaking patient, Michala from Greece. She was glad to let us interview her.

Michala wasn't at the clinic for herself. Rather, she was there for a follow-up visit with her 5-year-old son, Socrates. Her cheerful little boy had been diagnosed a year-and-a-half ago with perhaps the deadliest form of brain cancer, glioblastoma multiforme.

Conventional doctors consider this kind of brain cancer a death sentence, and the conventional treatments for children are harsh. The cancer (or the conventional treatment) usually kills children in a year.

Because Socrates has survived a year and a half, he has already enjoyed a six-month bonus. And best of all, says Michala, he enjoys an outstanding quality of life because there are no side effects to BioMed's treatments.

Visualize how a child with brain cancer would react when his parents bring him back to a conventional hospital for another round of conventional treatment. Recalling the misery caused by the previous round, the child would be kicking and screaming in terror.

But it's nothing like that at BioMed!

Little Socrates wasn't one bit afraid to reenter BioMed for the follow-up visit. Michala said that he thinks it's sort of like they're staying in a hotel on vacation. And in between the treatments Michala takes Socrates out for fun side-trips, just as if they were on vacation.

Michala knows from personal experience what children with brain cancer suffer in hospital cancer wards in Athens. The high toxicity of the treatments makes them lose their hair and their color. It's heartbreaking that conventional doctors subject so many children to this kind of misery.

In Greece, when Socrates first came down with brain cancer, his parents followed the doctors' advice and plugged him into conventional treatment. And so he underwent surgery, radiation, and chemo for three months.

When the tumor came back, a doctor advised them: "Go home. Don't take any therapy." The doctor just gave up and recommended that the parents do the same. But they didn't take that death sentence as the last word.

Instead, they looked for an alternative. Other doctors said, "There's nothing we can do." Mom and Dad kept looking.

Some people in Greece recommended BioMed because of its impressive track record of treating tough and stubborn brain cancers.

When Michala contacted BioMed, they didn't say no, though they normally don't accept children. They said, "We'll try." Michala told us, "BioMed is a very good choice."

Though Michala said it's not easy to deal with the stress of having a child with brain cancer, she added, "When we're here we go to the Schwarzwald (the Black Forest). We go to the lake. We meet other people. Staying at the typical cancer hospital is like staying in a prison. That's not the way it is here. This is a good way of life. This is a good benefit."

# Effective cancer treatments don't have to be pure hell

Indeed, BioMed, like all the other clinics we visited, doesn't look or smell at all like a

hospital. And the cancer treatments are mild, not harsh.

We watched little Socrates playing happily on the floor with his toys. He was as cheerful as any other boy his age. It's disgraceful that so many hospitals in the USA needlessly put children with cancer through pure hell. When will this cruel medical insanity in America end?

At first, BioMed's Medical Director told Michala that he didn't want to give Socrates any chemotherapy. Later he recommended *some* chemo, but only a low dose. It hasn't caused the boy any problems.

Michala said they were in BioMed when her son's fifth birthday rolled around. The secretaries, nurses, and other staff members gave him presents. They held a big party with a lot of balloons and a big cake. He had a wonderful birthday.

As Michala explained, "Here at BioMed it's as if everyone has given us a big hug. Everybody treats Socrates with love. Greek people are loud, and Germans are quiet. But nobody complains about us. The staff is always helpful. Socrates is a good friend of the ladies who clean the room. Every morning they bring him a toy and play games with him.

BioMed's head psychologist Erika told us, "Socrates is at the point where psychotherapy can really make the difference between life and death. Socrates enjoys living. For a cancer patient, that's important. If life isn't fun, some cancer patients just give up."

Psychology is an integral part of BioMed's treatment plan.

### Mild treatments - no harsh side effects

BioMed is the largest hyperthermia center in Europe. Like the other German cancer clinics we visited, BioMed often uses hyperthermia in conjunction with low-dose chemo. Patients suffer no harsh side effects from this mild form of treatment. It's even mild enough for a child –

as in the case of Socrates.

Two staff members, receptionist Marit Ehnert and head psychologist Erika Haese, gave us a tour. These two lovely ladies, both of whom speak fluent English, were happy to sit down for an interview.

We asked Marit and Erika to tell us about some patients who'd gotten rid of "terminal" cancer. They obliged.

# Former bone cancer patient zips around Europe on a motorcycle

In 1995, a 55-year-old German named Georg (pronounced "Gayorg") came to BioMed as a last resort for his metastasized bone cancer. He had cancer from head to toe. He could barely walk. He went through BioMed's treatment plan, which includes hyperthermia, detoxification, and mistletoe.

Now – twelve years later -- he's going on a motorbike tour throughout Europe. He keeps in touch with the staff at BioMed, who saved his life.

# Stomach cancer patient gives up on chemo

In 1994 Dieter, a 42-year-old man from the Frankfurt area, came to BioMed with stomach cancer that had spread to his liver, spleen, and entire abdomen. In Heidelberg he had received chemotherapy, but the chemo had no effect whatsoever on the cancer. His doctors didn't expect him to live.

At BioMed Dieter received a special kind of chemo in low dose along with whole-body hyperthermia. Fourteen years later, he's still doing fine.

# Patient from Spain gets rid of metastasized prostate cancer

Conventional doctors could do nothing for Friedrich, a 60-year-old prostate cancer patient living in Spain. His cancer had metastasized

and was running amok throughout his body. He came to BioMed and underwent two cycles of hyperthermia with low-dose chemo. Today he remains cancer-free.

The treatment plan at BioMed includes these therapies:

- A healthful low-meat diet emphasizing fruits and vegetables and discouraging sugar
- Detoxification, including colonic hydrotherapy
- · Magnetic-field therapy
- · Oxygen therapy
- Ozone therapy
- Hyperthermia (which the receptionist Marit called "fever therapy")
- Dendritic cells
- Psychological counseling and relaxation exercises
- Therapeutic massage
- Qigong (pronounced chee gong) exercises that relieve pain
- Mistletoe therapy
- Insulin potentiation therapy (IPT)
- Infrared therapy for skin metastasis
- Light therapy
- Art therapy
- · Music therapy

When I asked Marit about "fever therapy" at BioMed, she told me it meant hyperthermia. Apparently BioMed doesn't use injections to induce fevers.

After touring BioMed, Marit suggested we visit the local winery, which we did. We chatted with Stefan Hitziger, the young man who owns the winery. He proudly offered us samples of his wines – both red and white. He doesn't produce enough wine to sell it outside his local market. I bought a bottle of his Gewürztraminer, a delightful white wine – a bargain at five euros – about \$7.

Marit also recommended that we try a dish called "saumagen" at a local restaurant. This regional specialty is a favorite of the German statesman Helmut Kohl. Again, we followed her advice to the letter when we went to one of the local restaurants in the historic district. The tasty vegetable and pork dish included a generous mound of sauerkraut.

# Patients avail themselves of the healing waters of Bad Bergzabern

Bad Bergzabern is a spa town that's famous for mineralized waters that are said to have medicinal value. Patients may, if they like, take advantage of the local "Therme," the complex of therapeutic baths that includes hot pools, cold pools, saunas, and therapeutic massage.

# Dr. Hager published his proof in scientific journals

If you're interested in investigating scientific proof of the effectiveness of BioMed's therapies, you can read the late Dr. Dieter Hager's article "Deep Hyperthermia with Radiofrequencies in Liver Metastases," which was published in the scholarly journal *Anticancer Research* 19: 3403-3408 (1999).

In this study, 80 patients were treated for colorectal cancer with liver metastases. They were given hyperthermia and low-dose chemo. The study found that the average survival time was "twice as high as expected" – compared to patients treated with chemotherapy alone.

Dr. Hager also published an article titled "Intraperitoneal hyperthermic perfusion chemotherapy (IPHC) for patients with chemotherapy-resistant peritoneal disseminated ovarian cancer." This study, which involved 36 patients, found that IPHC is associated with a marked prolongation of survival and improvement in quality of life. The reference can be found in the *International Journal of Gynecologic Cancer* 2001;11 (Suppl. 1): 57-63.

In addition, Dr. Hager published scholarly

articles about such things as hyperthermia and glioblastoma brain cancer in the German scholarly journal *Deutsche Zeitschrift für Onkologie*, but I'm not aware that they have been translated into English.

#### How to get to the BioMed Klinik

Americans who want to go to BioMed for treatment first need to send the facts about their case to the clinic. This information is usually sent over the Internet. One of the English-speaking doctors then looks over the records and makes a recommendation.

The patient then makes the flight arrangements. Patients can fly into Frankfurt or Stuttgart.

Patients and their companions usually rent a car and drive to the clinic. That's because most patients like to explore the surrounding area. France is just five miles away, and the historic French city of Strasbourg with its charming blend of French and German culture is just a short drive away.

Marit told us that in Strasbourg you can buy a card for 6 euros that gives you admission to all of Strasbourg's 14 museums. And she said Strasbourg at Christmastime is simply a must – a dazzling fairyland for people of all ages.

If the patient can't rent a car or prefers not to, other ways to get to the clinic are available. The clinic can provide details.

One advantage of staying at BioMed is its proximity to France. If you love France, look no further! BioMed is also near the famous Schwarzwald (Black Forest).

Though my colleagues and I didn't have time to visit the local Therme (the pool and sauna complex), we heard good things about it. We definitely consider it an advantage to have such a facility close to the clinic. Bad Bergzabern is beautiful and captivating.

Some patients prefer a small, intimate clinic; others prefer a larger clinic. BioMed is quite large (135 beds).

#### Part II: The 2010 visit

When I re-visited BioMed in 2010, I was happy to hear that little Socrates, the young brain cancer patient I had first met three years earlier when he was five, is still doing fine. According to the prediction of his conventional doctors in Greece, he should have died in 2007. But BioMed proved that prediction wrong.

I had already met BioMed's new medical director, Friedrich Migeod, M.D., three years earlier when he was on the staff of the Pro Life Klinik in Igls/Innsbruck, Austria. Before that, he was at St. Georg working under Friedrich Douwes, M.D. Dr. Migeod certainly has a lot of experience.

The most amazing thing I learned during my 2010 interview with Dr. Migeod is that he's perhaps the only doctor in the world who's curing liver cancer with a simple, quick, effective procedure called the "hot needle."

### Liver cancer patients need the "hot needle"

Dr. Migeod believes liver cancer doesn't need surgery. It needs the "hot needle." He started using the "hot needle" 10 years ago at St. Georg. He was the only one who could do it, and he cured over 300 liver cancer patients at that clinic, including patients who had metastasis to the liver. He has done about 100 "hot needle" cures at BioMed.

Here's how the "hot needle" works. Dr. Migeod gives the patient a local anesthetic in the liver area. The patient lies on the left side, so no bleeding can occur. Under ultrasound control, the doctor puts in a special needle right into the middle of the metastasis. Then he heats up the tip of the needle about as much as a lamp, using a mild electric current. The tip of the needle gets hot -- 70 degrees, 80 degrees, 90 degrees Celsius -- and hot water comes out of the tip of

the needle. The cancer cells simply can't take the heat and die by the millions.

Dr. Migeod told me, "On the ultrasound screen during this procedure, you see a cloud around the area of the needle. When the cloud reaches the boundary of the metastasis, then you know the heat has reached the outer boundary, so you heat up just a little more to be sure you have everything." The procedure lasts about an hour or less, and the patient normally has no pain because the liver has no nerves. Then the doctor removes the needle, and the patient lies on his left side for three or four hours.

The results of this simple procedure are the equivalent of major liver surgery! Dr. Migeod told me, "It works if the metastases aren't too large or too many." If he's the only doctor in the world who's using the "hot needle," he needs to teach some other doctors how to do it.

Another thing I learned from Dr. Migeod is that BioMed is one of the clinics that uses hyperthermic perfusion therapy for peritoneal cancer and also for bladder cancer.

Here's how that therapy works. The peritoneum is the membrane that forms the lining of the abdominal cavity. In hyperthermic perfusion therapy, the doctor uses a dialysis machine to infuse a liquid that's heated to 48 degrees Celsius (118 degrees Fahrenheit) into the peritoneal cavity. One hundred to 200 milliliters of this heated liquid, which can contain chemo, is pumped in and out of the cavity for an hour or two with a local anesthetic. During the procedure the patient relaxes on a bed with a doctor and nurse nearby. The patient feels no burning or discomfort. It's an easy treatment.

Bladder cancer patients can also benefit from hyperthermic perfusion therapy, in which

the heated liquid is pumped in and out of the bladder.

One of BioMed's specialties is brain cancer, including glioblastoma multiforme, which is the most dangerous, deadly, aggressive form of brain cancer. Dr. Dieter Hager, BioMed's previous medical director, developed a combination therapy for brain cancer that Dr. Migeod explained at a medical conference in America in 2009. He presented statistical proof that you can improve the survival of brain cancer patients by adding local hyperthermia and frankincense.

#### Natural "chemo" for brain cancer

Frankincense has a good effect on brain tumors because it blocks cells that want to duplicate. Dr. Migeod told me, "This has been investigated and verified scientifically. It's like a natural chemo with no side effects." BioMed prefers African frankincense. Brain cancer patients swallow 12 frankincense capsules a day.

BioMed also uses vitamins D and A for brain cancers. Socrates used these therapies to beat his glioblastoma multiforme.

For adult brain cancer patients, BioMed prescribes thalidomide. It's non-toxic, and the only side effect is that it makes the patient sleepy, so it should only be taken in the evening. Thalidomide is one of the three methods BioMed uses to shut down the blood vessels that feed the tumor. (The other two methods are hyperthermia and quercetin, a plant-extract supplement.) Thalidomide can help beat the toughest brain cancers, but it must not be taken by pregnant women or women who may become pregnant.

Because time was short, I didn't have time to visit the local spa park, but Dr. Migeod said it's definitely a benefit to the patients. There's a Kneipp wading pool course in the park — a row of five or six shallow pools. The Kneipp water therapy helps train the blood vessels, which improves circulation. Some patients make a tour of the pools in the morning. The spa park is only about 300 yards from the clinic. It's a large park

— about a mile long. If a patient doesn't feel like walking back up to the clinic from the park, a driver can pick the patient up.

Dr. Migeod said it's possible to do a Kneipp water therapy at home in the shower — alternating between hot and cold water. Another way is to use two buckets of water — one hot and the other cold — and take a foot bath, alternating between the two buckets. If you end the therapy with cold water, it can make you naturally sleepy and improve your sleep.

#### Cost of treatment at BioMed

The cost of treatment varies, depending on how long you stay and what kind of treatments you get. Normally, patients spend two weeks at the clinic. Sometimes one week is enough if the case isn't complicated. One week at the clinic will cost about 3,000 to 4,000 euros; two weeks, 6,000 to 8,000. Local hyperthermia is an extra 220 euros. Whole body hyperthermia is an extra 600 euros plus the cost of chemo, if prescribed. But the chemo is given in low dose, which helps keep the cost down. Everything else, including room and board, is included in the basic price.

There's a nominal charge for companions who want to stay at the clinic. Or they can stay at a local bed & breakfast.

Treatment starts on the first day, and treatments are every day except Sunday. The treatment schedule is intensive. Each patient gets an e-mail describing the treatment plan.

Patients are happy to have wireless Internet, a feature that was installed in 2008.

#### Patient feedback about BioMed

I sent out an e-mail to everyone who bought the first edition of *German Cancer Breakthrough*, requesting feedback -- positive or negative -- from customers who actually went to one of the clinics I recommended. Two customers gave me feedback about BioMed.

One of these customers was Bryce from Canada. Bryce and his father personally toured

four of the clinics featured in my book before selecting BioMed. Bryce wrote, "We were very impressed with BioMed and felt that the staff and standard of treatment were of very high calibre. We chose this clinic for my mom."

Bryce's father, Allan, wrote, "I consider BioMed a quality medical facility with great integrity." I agree with that assessment.

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